



# SAFFRON SEALS

SAFFRON WALDEN AMATEUR SWIMMING Club

Newsletter March 2011



## NEWSLETTER – March 2011

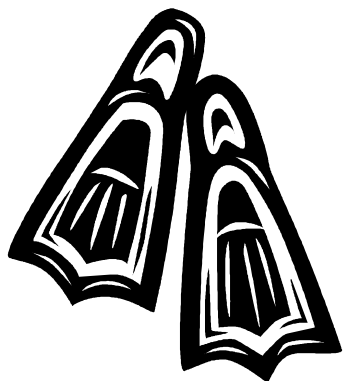
'Not again!' I hear you say, but this Newsletter is only a short one and contains more information about our upcoming Centenary events. There is also a reminder and an invitation to attend our Annual General Meeting later this month – see Neil's piece below for detail. So please read on, and we hope you will make every effort to join in our celebrations.

### Annual General Meeting Tuesday, 22nd March – 7.30 pm Training Room, LBF&LC

We would be pleased to see a good attendance at this meeting, during which we will be reporting on last year's exploits and appointing (but in most cases re-appointing) a new committee for 2011/2012 - our Centenary year through to Olympic year - an exciting time in the Club's history. We will also be presenting the Club's One to Three Year Strategy, with an opportunity for a "question and suggestion" session.

So ... do please join us for a glass of wine (or soft drink) and the opportunity to put names to faces and meet the outgoing and incoming Committee.

Neil Pottrill



## Centenary Events

The following events are in the planning and organisation stages, so please put the dates in your diary.

- *Afternoon Tea and Exhibition*

Town Hall, Saturday 26th March – 2.30 pm to 4.30 pm

Gill, Fi, Gail, Alison and Jan have been beavering away over the past few weeks researching, copying and collating photographs and press cuttings detailing past times of our Club. The results of all this work will be displayed in the Town Hall and you are cordially invited to attend. Come and follow the Time Line for our Club, have a cup of tea and a piece of cake, and meet friends, families and past members. Watch the local papers for further details, and we hope to see you there.

## Carnival – 1st to 9th July 2011

- *Saturday, 2nd July – Procession Day*

We would like to 'make a splash' with our carnival float for this special year. We already have a lorry, lots of ideas about setting it up, and are beginning to think about numbers of children and parents to ride/walk alongside our float. We will shortly be asking for volunteers to help with this project so watch out for more details.

- *Tuesday, 5th July – Fun Relay Gala*

We will be running a Family Fun Relay Gala from 7.00 to 9.00 pm. Entry forms for this event will be out nearer the day, but put the date in your diary if you are interested in entering a team. Numbers will be limited so an early reply will be necessary.

It should be noted that there will be no training session on that evening.

- *Saturday, 12th November – Invitation Gala*

November is the month in which our Club was formed and we have invited teams from Dunmow, Newmarket and Royston to help us celebrate this. Gareth intends to run two teams.



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## Competitive Swimming Performance Awards

Sprint award badges can be achieved in competition or organised time trials held at the swimming club. The performance awards focus on a swimmer's stroke, turns and finishes as well as speed.

There are four levels of award – Bronze, Silver, Gold and Platinum – and they are awarded for Freestyle, Breaststroke, Backstroke, Butterfly and the Individual Medley (25m of each stroke). Once all the individual 'flashes' at each level have been achieved, the circular level badge and certificate is also awarded.



Bronze

Silver

Gold

Platinum



The badges are woven fabric badges and look great sewn onto the back of the T-bag poolside top or on your swimming bag – the awards are not easy to achieve so wear them with pride!!!!

The following swimmers have achieved badges over the last 12 months at the Club Championships and Galas and your badges will soon be available poolside for you to collect.

If you already have an award that is supplied then please return the excess badges to poolside – apologies in advance as my list was a little out of date!

If you have 'flashes' missing because you have 'jumped' a level please let me know.

All queries to Gill Sarginson at [g.sarginson@ntlworld.com](mailto:g.sarginson@ntlworld.com)

Emily Abrey	Sarah Howlett	Phoebe Snow	Jack King
Sophie Awberry-Maskell	Olivia Howlett	Tixie Snow	Ben Meads
Katie Bear	Emese Ka'roli	Katie Stokely	Joshua Newman
Lianne Burrett	Megan McLean	Josie Taylor	Oliver Newman
Kate Calvert	Ailie Nicholas	Hannah Tobitt	Harry Paine
Charlotte Cannon	Madeleine Peck	Joely Wright	Albert Pavelin
Lucy Davidson	Emily Peggs	Joseph Birch	Elliot Pouban
Georgina Dunham	Megan Powell	John Boyle	Hudson Rees-Jones
Lottie Dyce	Niamh Powell	Willem Brooker	George Rogers
Alice Eddershaw	Alice Rogers	Sven Buckland	Louis Sawtell
Lucy Evans	Freya Rowson	Scott Bunting	Samuel Tearne
Emma Findlayson	Ella Sanders	George Chappell	Alexander Thomas
Charlotte Gramlick	Rebecca Sarginson	Robert Chappell	Nathan Wright
Rebecca Green	Emma Sarginson	Luke Diana	
Anna Halsey	Katie Sarginson	Fraser Hill	
Victoria Hill	Ella Sawtell	Spencer Hill	
	Rachel Sharp	Alex Howlett	





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## Centenary Tea Party & Photographic Exhibition

Saturday 26th March 2011

2.30pm to 4.30pm

Saffron Walden Town Hall

**All Seals past and present,  
family and friends,  
welcome!**